

New Trier Swim Club
9th Annual TYR Tri-State Challenge
January 20-22, 2012
Sanction #ILS0127-11

Sanction

By USA Swimming, Inc. and Illinois Swimming, Inc. Sanction No. . All USS and ISI rules apply, including safety rules which will be strictly enforced. Sanction is for a Closed Invitational Swim Meet.

Meet Director

Brian Brown
NTSC
P.O. Box 407
Winnetka, IL 60093
bbbrown618@gmail.com

Entry Chair

Brian Brown
NTSC
P.O. Box 407
Winnetka, IL 60093
swimmeets@swimntsc.org

Meet Referee

Blake Mock

Safety Chair

Jeremy Meserole

Teams

Academy Bullets
Hickory Willow Swim Association
Lake Country Swim Club
New Trier Swim Club
St. Charles Swim Team

Pool Locations

Friday Night Session Only

New Trier High School
Northfield Campus
7 Happ Road
Northfield, IL 60093

All Saturday and Sunday Sessions

New Trier High School
Winnetka Campus
385 Winnetka Road
Winnetka, IL 60093

Pools

The New Trier High School Northfield Campus pool is a six-lane, 25-yard pool with non-turbulent lane markers. Seating capacity is 900 persons. The New Trier High School Winnetka Campus pool is an eight lane, 25 yard pool with non-turbulent lane markers. Seating capacity is 1500 persons.

Timing

A fully automated IST timing system with touch pads and push button back-up, as well as two watches per lane will be used. There will be an electronic scoreboard showing all lanes.

Volunteer Assistance & Officials

Teams will be asked to assist with timing and officiating. Please include names and phone numbers on enclosed volunteer form. Certified officials should please contact Blake Mock at Blake.Mock@comcast.net.

Eligibility

Only 2012 USA Swimming registered swimmers are eligible. Entries listed as "applied for" will not be accepted. Age for this meet will be the swimmer's age as of January 20, 2012. Current registration numbers, ages, and first and last names of all Contestants must appear in the entry file.

Illinois Swimming, Inc. registration applications may be obtained from:

Illinois Swimming
1400 E. Touhy Avenue
Suite 245
Des Plaines, IL 60018
(847) 824-1596

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee prior to competition, with specific request.

Entry Limits

Each swimmer may enter a maximum of three relay events on Friday. On Saturday and Sunday swimmers may enter three individual events and one relay event each day. All 11-12 and 13 & Over events on Saturday and Sunday will be prelim/final events. All 10 & Under events will be timed final events.

Relays

Each team may enter four relays per event on Friday, and two relays per event on Saturday and Sunday. All relay events will be timed finals. All **mixed** relays must include **two male and two female** swimmers or must be entered as exhibition. 11&O Saturday Relays will be swum at the end of the Finals session while Sunday relays will be swum at the end of the Prelims session.

Time Standards

There will be established time standards for all 11-12 and 13 & Over Individual events. There will be no time standards for 10 & Under events or all relay events.

Meet Schedule

Session I – Friday, January 20, 2012 – All ages Relay session

Warm-up at 5:00 p.m.

Session starts at 6:00 p.m.

Session II – Saturday, January 21, 2012 - 11 & Older Prelims

Warm-up at 7:00 a.m.

Positive check-in ends at 7:30 a.m.

Session starts at 8:00 a.m.

Session III – Saturday, January 21, 2012 – 10 & U Timed Finals

Warm-up begins immediately after the end of Session II, but not before noon.

Positive check-in ends one half hour after warm-up begins.

Session starts one hour after warm-up begins.

Session IV – Saturday, January 21, 2012 – 11 & Older Finals

Warm-up begins immediately after the end of Session III, but not before 4:00 p.m.

Session starts one hour after warm-up begins.

Session V – Sunday, January 22, 2012 – 11 & Older Prelims

Warm up at 7:00 a.m.

Positive check-in ends at 7:30 a.m.

Session starts at 8:00 a.m.

Session VI – Sunday, January 22, 2012 – 10 & Under Timed Finals

Warm-up begins immediately after the end of Session V, but not before 12:00 p.m.

Positive check-in ends on half hour after warm-up begins.

Session starts one hour after warm-up begins.

Session VII – Sunday, January 22, 2012 – 11 & Older Finals

Warm-up begins immediately after the end of Session VI, but not before 4:00 p.m.

Session starts one hour after warm-up begins.

Seeding

All events will be timed final events. **Please submit all entries in short course yards only.** Non-conforming times will be seeded following conforming times.

All events will require positive check-in. Swimmers will be required to check-in by 30 minutes after the start of warm-up for each session. Failure to check-in properly will result in the swimmer(s) being seeded in open lanes, if any exist.

Entry Fees

\$3.00 per individual timed final event entry

\$4.50 per individual prelim/final event entry

\$10.00 per relay event entry

\$2.00 per swimmer ISI surcharge

Awards

Medals will be given to the top eight finishers in each individual event. Ribbons will be awarded to the 9-16 finishers in each individual event. Medals will be given to the top three relays in each event. High point awards will be given to the top three 10 & Under, 11-12 and 13 & Over swimmers for boys and girls. A team trophy will be awarded to the top scoring team for the Friday Relay session and another for the Saturday and Sunday portion of the meet.

Entry Forms

PLEASE SUBMIT ALL ENTRIES IN SHORT COURSE YARDS ONLY.

EMAIL OF ENTRIES IS THE REQUIRED ENTRY METHOD.

Please be sure to ZIP the entry file and send it to swimmeets@swimntsc.org, by the entry deadline. Please mail hard copies, forms and payment to the address below to be received within three business days of receipt of the email entry.

Please mail entry according to the following criteria:

A hard copy should accompany a signed Entry and Release Form, Volunteer Sheet and check made payable to the **New Trier Swim Club.**

Please make sure the hard copy shows:

-Team name with meet name

-Each swimmer's last and first names, middle initial, USA Swimming ID and age

-Event numbers and seed times

MAIL ALL ENTRIES TO:

Brian Brown

NTSC

P.O. Box 407

Winnetka, IL 60093

Entry Deadline

Entries will be accepted beginning **Wednesday, December 28, 2011 at 8:00 a.m.**, and all entries must be received by 6:00 p.m. on Wednesday, January 11, 2012.

Time Limit

Entries will be accepted until the maximum time limit, subject to the 4-hour/10-hour rule, is reached. Entries received thereafter will be returned. Any event may be limited to accommodate the timeline at the sole discretion of the meet host.

Verification of Entry

If you desire verification of entries received, please include an email request with your entry.

Coaches

Coaches' packets will be available upon arrival. Registered coaches, officials, and assigned volunteers only, will be allowed on deck. Coaches must be current USA Swimming Coach Members and must continuously display their current USS Coach Member registration card while on deck.

Meet Results

All participating clubs will be sent official results via email.

Admissions

General admission is \$5.00 per session including a heat sheet. All-session passes will be available for \$20.00 and this includes admission and a heat sheet per session.

Concessions

A concession stand offering food and beverages will be available.

Tri-State Challenge
Order of Events

Friday, January 20 @ NTHS Northfield Campus

Session I

Warm-up 5:00 p.m./Meet starts 6:00 p.m.

<u>Girls</u>	<u>Event Name</u>	<u>Boys</u>
1	10 & Under Mixed 400 Medley Relay**	X
2	11-12 200 Medley Relay**	3
4	13 & Over 200 Medley Relay**	5
6	10 & Under Mixed 400 IM Relay**	X
7	11-12 Mixed 400 IM Relay**	X
8	13 & Over Mixed 400 IM Relay**	X
9	12 & Under Mixed Crescendo Free Relay** (50-100-200-500)	X
10	Multi Age Mixed 400 Free Relay** (1-10&Under, 1-11/12, 1-13/14, 1-15&Over)	X
11	13 & Over Mixed Crescendo Relay** (50-100-200-500)	X
12	10 & Under Mixed 400 Free Relay**	X
13	11-12 200 Free Relay**	14
15	13 & Over 200 Free Relay**	16

**each team limited to 4 relay entries per event

Mixed Relays must be 2 females & 2 males; or be marked as exhibition

Saturday, January 21 @ NTHS Winnetka Campus

Session II – Prelims

Warm-up 7:00 a.m./Meet starts 8:00 a.m.

POSITIVE CHECK-IN CLOSES AT 7:30 A.M.

17	11-12 200 IM	18
19	13 & Over 200 IM	20
21	11-12 100 Back	22
23	13 & Over 100 Back	24
25	11-12 50 Fly	26
27	13 & Over 200 Fly	28
29	11-12 100 Free	30
31	13 & Over 100 Free	32
33	11-12 50 Breast	34
35	13 & Over 200 Breast	36

Session III – Timed Finals @ NTHS Winnetka Campus

Warm-up no earlier than 12:00 p.m./Meet starts no earlier than 1:00 p.m.

POSITIVE CHECK-IN CLOSES 30 MINUTES AFTER WARM-UP BEGINS

41	10 & Under 100 Free	42
43	8 & Under 50 Free	44
45	10 & Under 50 Breast	46
47	8 & Under 25 Breast	48
49	10 & Under 200 IM	50
51	8 & Under 100 IM	52
53	10 & Under 50 Fly	54
55	8 & Under 25 Fly	56
57	10 & Under 100 Backstroke	58
59	10 & Under 200 Free Relay**	60

**each team limited to two relay entries

Session IV – Finals @ NTHS Winnetka Campus

Warm-up no earlier than 4:00 p.m./Meet starts no earlier than 5:00 p.m.

POSITIVE CHECK-IN CLOSES 30 MINUTES AFTER WARM-UP BEGINS

17	11-12 200 IM	18
19	13-14 200 IM*	20
19A	15 & Over 200 IM	XX
21	11-12 100 Back	22
23	13-14 100 Back*	24
22A	15 & Over 100 Back	XX
25	11-12 50 Fly	26
27	13-14 200 Fly*	28
27A	15 & Over 200 Fly	XX
29	11-12 100 Free	30
31	13-14 100 Free*	32
31A	15 & Over 100 Free	XX
33	11-12 50 Breast	34
35	13-14 200 Breast*	36
35A	15 & Over 200 Breast	XX
37	11-12 400 Free Relay (Finals Only)**	38
39	13 & Over 400 Free Relay (Finals Only)**	40

*Boys finals will be 13 & Over

**each team limited to two relay entries

Sunday, January 22 @ NTHS Winnetka Campus

Session V – Prelims

Warm-up 7:00 a.m./ Meet starts at 8:00 a.m.

POSTIVE CHECK-IN CLOSSES AT 8:30 A.M.

61	11-12 200 Free	62
63	13 & Over 200 Free	64
65	11-12 100 Breast	66
67	13 & Over 100 Breast	68
69	11-12 100 Fly	70
71	13 & Over 100 Fly	72
73	11-12 50 Back	74
75	13 & Over 200 Back	76
77	11-12 50 Free	78
79	13 & Over 50 Free	80
81	11-12 400 Medley Relay (Prelims Only)**	82
83	13 & Over 400 Medley Relay (Prelims Only)**	84

**each team limited to two relay entries

Session VI – Timed Finals @ NTHS Winnetka Campus

Warm-up no earlier than 12:00 p.m./ Meet starts no earlier than 1:00 p.m.

POSITIVE CHECK-IN CLOSSES 30 MINUTES AFTER WARM-UP BEGINS

85	10 & Under 100 IM	86
87	10 & Under 50 Free	88
89	8 & Under 25 Free	90
91	10 & Under 100 Fly	92
93	8 & Under 100 Free	94
95	10 & Under 200 Free	96
97	8 & Under 25 Back	98
99	10 & Under 50 Back	100
101	10 & Under 100 Breast	102
103	10 & Under 200 Medley Relay**	104

**each team limited to two relay entries

Session VII – Finals @ NTHS Winnetka Campus

Warm-up no earlier than 4:00 pm/Meet starts no earlier than 5:00 pm

61	11-12 200 Free	62
63	13-14 200 Free*	64
63A	15 & Over 200 Free	XX
65	11-12 100 Breast	66
67	13-14 100 Breast*	68
67A	15 & Over 100 Breast	XX
69	11-12 100 Fly	70
71	13-14 100 Fly*	72
71A	15 & Over 100 Fly	XX
73	11-12 50 Back	74
75	13-14 200 Back*	76
75A	15 & Over 200 Back	XX
77	11-12 50 Free	78
79	13-14 50 Free*	80
79A	15 & Over 50 Free	XX

*Boys finals will be 13 & Over

New Trier Swim Club
Tri-State Challenge Invitational
January 20-22, 2012
Summary of Entry and Release Form

Complete this form and mail along with hard copy of entry and check to:

Brian Brown
NTSC
P.O. Box 407
Winnetka, IL 60093

Summary of Fees:

Total number of swimmers _____ x \$2.00 = \$ _____

Total number of Prelim/Final Ind. entries _____ x \$4.50 = \$ _____

Total number of Timed Final Ind. entries _____ x \$3.00 = \$ _____

Total number of Relay entries _____ x \$10.00 = \$ _____

Total Entry Fee \$ _____

Please make checks payable to New Trier Swim Club

Name of Club _____

USS Association _____ Club Initials _____

Names of coaches attending the meet: _____

Person submitting entry _____ Phone _____

Complete mailing address _____

Email address _____

Release Form

In consideration of the acceptance of the entry, as a duly authorized representative of the Club identified above, on behalf of the Club to be legally bound by my signature, I hereby consign, waive, and release any and all rights and claims of damages which may occur against United States Swimming, Inc., Illinois Swimming, Inc., New Trier Township District 203, and the New Trier Swim Club and their representatives, officers, directors, employees, or successors for any or all injuries suffered by me or by any contestant or representative of the Club in the New Trier Swim Club Shark Frenzy Invitational. The New Trier Swim Club requires that all visiting teams follow rules of conduct with respect to property of New Trier High School, and safety. Any unacceptable conduct may result in ejection from the meet with no refund of admission or entry fee. I attest that all athletes entered in this meet are duly and currently registered with USA Swimming.

Signature: _____ (Coach or Club Representative)

Printed Name: _____ Position with Club: _____

Signed release must accompany entry. Deadline: 6:00 PM on Wednesday, January 11, 2012

New Trier Swim Club
Tri-State Challenge Invitational
January 20-22, 2012

Volunteer Sheet

All participating teams will be required to assist with timing and officiating. Please submit appropriate names and phone numbers on this form.

Timer Coordinator/Head Timer

Name _____ Phone _____

ISI Officials

Name	Phone	Certification Level	Sessions Available
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please return this form with your entry.

New Trier Swim Club
Tri-State Challenge Invitational
January 20-22, 2012

<u>GIRLS</u>		<u>TIME STANDARDS</u>	<u>BOYS</u>	
<u>11-12</u>	<u>13 & Over</u>	<u>Event</u>	<u>13 & Over</u>	<u>11-12</u>
30.09	28.59	50 Free	26.99	29.79
1:05.69	1:02.19	100 Free	58.49	1:05.09
2:23.89	2:14.59	200 Free	2:08.19	2:23.39
34.99		50 Back		35.29
1:15.59	1:10.69	100 Back	1:08.09	1:15.49
	2:33.09	200 Back	2:28.39	
39.09		50 Breast		39.59
1:24.89	1:20.39	100 Breast	1:16.89	1:26.69
	2:54.59	200 Breast	2:49.19	
33.39		50 Fly		33.79
1:15.89	1:10.09	100 Fly	1:06.79	1:16.59
	2:39.89	200 Fly	2:35.19	
2:43.29	2:33.19	200 IM	2:26.89	2:44.99

New Trier Swim Club
Tri-State Challenge Invitational
January 20-22, 2012
Warm-up Procedures

A. WARM-UP PROCEDURES

1. Teams will be assigned to a lane for warm-up during each session. Some teams may be asked to share a lane during the warm-up period. It will be up to the coaches to cooperate during the warm-up so all teams are afforded an equal warm-up opportunity.
2. Unless supervised by their coach, swimmers must enter the pool feet first, while making contact with the deck with the body and a hand from the start end of the pool.
3. Sprint and pace work will be allowed under the supervision of, and at the discretion of the coaches assigned to each lane.

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.