

Name: \_\_\_\_\_

## 2006-07 SC Goal Tracking Form

**Goal Type** (circle one)      Short term      Mid-Term      Long-Term

**Goal:** \_\_\_\_\_

\_\_\_\_\_

**Date or event you'd like to accomplish your goal by:** \_\_\_\_\_

**Plan of Attack (What are you going to do to achieve your goal?):**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(this is not a one word answer)

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**Goal:** \_\_\_\_\_

\_\_\_\_\_

**Date or event you'd like to accomplish your goal by:** \_\_\_\_\_

**Plan of Attack (What are you going to do to achieve your goal?):**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(this is not a one word answer)

**Team Goal for this Season:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_